

To, Suzanne Fletcher.

1. *Hi, myself Known as I came here in yarl's wood detention centre on2014.I am here from (over) 3 months, now. I have seen some people are here from more than 6 months here. My email Id: is, my tel no:.....,My CID no:....., My Ref: ASC/.....I don't want my my name and my details in public please.*
2. *I went to Home Office to claim an **asylum** because I have changed my **religion from Hindu to Islam. On** (date given) **2011** and I have threatening from back home.so they bring me here in detention centre. **I am not over stay or illegal.** I just went to the Home office for help. They refuse my asylum application and they did not give any **chance of wright of apple.** And the reason was that my country India is safe. And they said that the Indian government said to UK government that we don't have any problems in India. So I am asking if they do not have any problems and if its free county, so the **rape cases are happen in every 2 seconds?** And they give me ticket to go to India so I went in high court as judicial review, so now from 2and half months I am here to waiting for Judicial review's answer.*

3. Journey to yarl's wood by wan:

In Home office I set whole day and I came by wan after 8 o'clock in the night time and I was fasting on that day so I open my fast in the Wan with sandwiches only. They were alright in the wan with me but I have heard from other people that they came with handcuff in wan and they were treated very badly. Than we came to centre around 10 o'clock and we wait to go to the room for 2-3 hours, they don't understand that you are tired or not feeling well.in the night time in half sleep if somebody will ask you any question how you going to answer anything? Same time the health care will asking you are you ok? Or are you feel depressed? What you will answer where you don't know what's going on. For next two days you will be blank person. You will think what is going on here.in which are we?

4. **The food:** *This food I have never eat before outside, so it was very hard for me to eat it, this food give us lots of problems in our body like pain in stomach, having very bad constipation, I have heard that some people have blood in their toilet, and still when they will go to health and care they will give just pain killer and most of the time they will ignore you. The system of the food ordering is very rubbish. How can you order you food before three days? How can you decide what will you eat after three days? The Quality of food in here is like we think that this people thinking that we are dog or animals. The bread is expired and frozen from long time, sometime hair come out from our food, sometime bee(fly) coming out from the food. And they don't give you food again if you are hungry.That same food they will throw in the garbage but they want give you second time.the test of food is really very nasty .The people in detention center are from different different county, so if they are bothering to keep us here; they should think about every single thinks.*
5. **Health Care:**
 - a. *The worse place of the yarl's wood is heath care. Every single person got bad expedience. They treat us like shit. They talk with us like we are prisoners .the nurses are very bad and treat us very badly. If you have any emergency or if you are feeling pain. Still you have to wait for the appointment, **like 1 to 2 hours.***

Whatever problem you have they always advice you to have paracetamol or desprine.

- b. **they have hospital inside as well.** The people who have serious problem. They keep them separate from the other detainers .And they treating them very badly. They are not giving them food on time, they don't check them on time, they won't allow you to get out from the room,
 - c. e.g. had one friend her name is She was in that hospital for **one month**. I heard from her .the food they are giving to her is very cold. And they don't give her extra things like sugar, salt, ketchup, tea, etc.
 - d. During that time she took bath once with ice cold water because the water was cold from shower tap. And for next 15 days she did not take bath. When she was having periods. They didn't provide her pad .And she used bed sheets as a pad.
 - e. I have **one bad experience with health and care** one month ago .i had a pain in my breast because of lump. And i requested them to see female doctor. And all nurses were argued and forced me to see male doctor. At that time when I start crying then they said go back to your room. When you feel OK.come back to us. Don't create a drama.
 - f. If they says" **that they respect women's and others religions.so why they insulted me and my religion. Why they make me upset? Why i started crying.**
 - g. I have **one more story** a month ago. One pregnant lady she was in swears depression she was crying and eventually she fain down. At the start the all wing officers were making jock of her and say that she is making drama. After long time when all avocet women's get together and pressured them to took her in to hospital. Then they agreed .In a way to heath care one of the officer start abusing to us. Making fun of all of us. They said to another pregnant lady to push the wheelchair and took her to health care.one officer who is tall and Indian. He started insult. When she reached to the health care. Nurses refused to see her. And ignored her. Then one lady her name is she fight with officer and said you can't ignore her look at her condition. Same Indian guy misbehaves with her. And even they didn't check her. She came to conscious naturally. Then they bring her back to her room. And said it's normal in pregnancy. We all were gone so much upset and worried. That time i truly want to kill myself. As they don't even have respect for pregnant women's.
6. **The Laundry System:** The laundry system is ok but still the machines are not good for the cloths, our cloths getting very ruff and how can we wash the cloths in 15 mines it's not enough time for it to be wash properly. And the shop they give us which is very ruff for our cloths, which damage our cloths very easily.
7. **The fire alarm:** The fire alarm is good for those people who are in danger but it's not good or ears, when its start its really hurt to our ears and its make our mind more stress and its sound like mental asylum. It's really hurts to normal person's brain.
8. **About job:** I have joined work here as serving assistant in the kitchen, and I am working 3 days and 3 times in a day. And the surprise thing is that I am getting

only 1 pound per an ours. So when we serve by their opinion, and we always face the anger of the detainers because we can't give them more than 1 spoon or second.

9. I have one Question ***that if people are working outside and getting less than 5 pound so why the Home Office and the government doing illegal work in the detention centre?*** Why they are breaking the rules, when they have made some rules for the public? So is it meaning that the Government and the Home office doesn't care about their own rules and regulation? ***When they are against labour work why they are forcing to people to do labour work?***

10. **Others facilities:** We have some others facilities like, cinema hall, garden, gym, sport hall etc. but I don't understand if we are in depression what is the point of this facilities? They give as garden which is between 4 walls does it really mean garden? If we are going in garden to what we will see that 4 long- long walls? Its look like they are providing us every single thing in one house. They don't understand that we need fresh air not artificial air.

11. **According to detainers:** we believe that we are in prison without doing any crime, we just ask for their help, we can ask help in our own country if they give us , we heard that United Kingdom is very kind to people and as specially with girls and ladies. But may be on that point we are wrong. We heard that English people have more value for woman but the way they are treating to us its seams that they don't care about woman.