



Questions from the panel – Please read the sub-questions on pages between 12 and 15 of 'The Guide for Individuals'. Make sure your answers will not be longer than 3,000 words.

1) Your experiences of living in immigration detention, including the context and duration of your stay; being here for a month is really frustrating and unfair on me. It's my worst experience so far in life. My first time ever being held in a prison (I see and considered jail/wood as a prison). It's stressful being held as a prisoner (criminal) at this my age.

2) The conditions in immigration detention, including your ability to access services such as legal advice, healthcare, pastoral support;

The service of getting a legal advice is fairly good (it takes up to a week to actually contact a legal aid). The healthcare is incredible good even tho there are some lapses (for example, I had a black out and have to report to the healthcare unfortunately I was told I have to book my name down on the list ~~to~~ see a doctor. It takes 7 days before I was given a doctors appointment. My situation (and) have got worse while waiting for the doctor).

3) Whether there were appropriate mechanisms to deal with any mental, physical or emotional issues you may have experienced prior to or during your time in detention;

4) Any longer-term impacts of detention on you, your family and/or your wider community; being held in prison (detention by home office) has made me realise that the longer I stay in here the closer I get to madness (running insane) have loss weight excessively, have sleepless night and day. There is hardly a day without tears from my eyes. I lost appetite and most time compare the life I'm leading now to death.



5) Any other information about detention that you would like to share.

The only positive things being in detention in Yorkwood is the fact that there are religious centers to worship. I enjoy praising my lord and I'm happy it was not being taken away from with the others.

The befriended are also makes wonderful things in here.

6) How far does the current detention system support the needs of vulnerable detainees, including pregnant women, detainees with a disability and young adults?

7) There is currently no time limit on immigration detention – in your view what are the impacts (if any) of this?

I believe the longer a person stays in detention, the longer she is subjected to mental illness.

8) Are the current arrangements for authorizing detention appropriate?

totally no, I went to seek help for fear of my father, but to my disappointment am being detained and treated as a criminal.



9) What are the wider consequences of the current immigration detention system, including any financial and/or social implications?

I think the more people are being detained the more it creates fear on innocent people who need help (for instance, I was told by a lady that I SHOULD NOT HAVE COME TO DECLARE YOURSELF, she said because ~~any~~ one who goes to seek asylum will be detained. IF SUCH NEWS SPREADS AROUND, IT WILL CREATE MORE FEAR TO PEOPLE WHO ARE ALREADY IN NEED.

10) How effective are the current UK alternatives to detention (e.g. bail, reporting requirements)?
Are viable alternatives to immigration detention in operation in other countries?

Please add any further comments below and then send off the form using the envelope provided