



## SAMPLE SUBMISSION FORM – August 2014

This form is provided by the Detention Forum as a sample and you do not to use it to submit your own evidence. You might like to complete the form yourself or ask someone to help you.

There is no need to answer all the questions below. You might find sub-questions which are listed on pages between 12 and 15 of our Guide for Individuals useful when answering these questions. If you want a copy, email us at detentionforum@gmail.com.

The form does not strictly follow the submission framework set by the panel. However, we think the form is clear enough for the panel to be able to follow. See www.detentioninquiry.com for more information.

Remember that the deadline is 1<sup>st</sup> October 2014. Send your submission to:

By email      jonathan.featonby@parliament.uk OR  
By post      Detention Inquiry, Office of Sarah Teather MP  
House of Commons, Westminster, SW1A 0AA

Information about yourself	
Your name	SHREESA SAGAJEVA
Your contact details (address, email address, telephone number, detention number if you are in detention)	Yard's Wood IRC Twinwoods Business Park Milton Ernest Bedford MK44 1FD
Do you want your name to be made public?	YES
Do you wish to give oral evidence before the inquiry panel? (Please note that due to a limited amount of time available, the panel will not be able to take evidence directly from everyone.)	NO
Are you making this submission by yourself or is someone helping you? If so, who is this person?	I'm making by myself.
Date you are completing this form	04.10.2014
If you are you in detention now...	Yes I'm in detention now
When did your detention begin?	07.07.2014
Is this the first time you have been detained in the UK?	Yes is the first time
If this is not the first time you are in detention, can you tell us how many times you were in detention before and how long?	
Can you tell us a little about why you are in detention?	I claimed asylum because I fear for my life in Albania, I have personal problem because of my job. I was threatened for with my life. I have documents to prove this.

Questions from the panel – Please read the sub-questions on pages between 12 and 15 of 'The Guide for Individuals'. Make sure your answers will not be longer than 3,000 words.

1) Your experiences of living in immigration detention, including the context and duration of your stay;

After I claimed asylum the Immigration sent me to this detention. I have three months here. My experience is really bad. Is not healthy to stay here. I was very healthy when I came here but now I'm seriously sick. This place is not helpfull for sick people.

2) The conditions in immigration detention, including your ability to access services such as legal advice, healthcare, pastoral support;

Legal advice is very helpfull.  
Healthcare is very very bad. For one appointment to the hospital we have to wait six to eight weeks. The doctor dosent check properly. They only give us medication and it dosent help me. I'm feeling pain every where in my body. I go today in helcare I was asking the nurse to give one appointment. she didnt book for me.

3) Whether there were appropriate mechanisms to deal with any mental, physical or emotional issues you may have experienced prior to or during your time in detention;

4) Any longer-term impacts of detention on you, your family and/or your wider community;

5) Any other information about detention that you would like to share.

The food is not healthy at all. So many times  
I find inside the food fly's. We eat every  
day the same food, it is disgusting. I'm sick  
from this food. I can't eat that, I lose  
my appetite, and not eating properly I lose  
weight.

6) How far does the current detention system support the needs of vulnerable detainees,  
including pregnant women, detainees with a disability and young adults?

7) There is currently no time limit on immigration detention – in your view what are the impacts  
(if any) of this?

No time limit on immigration detention means  
destroy me, this place is going to kill me  
day after day. If I know the terms which day  
one date I'm allowed to go out from here is  
were better. This place were me crazy.

8) Are the current arrangements for authorizing detention appropriate?

It is not fair to stay here. I never thought  
I will be in this kind of place. My brain  
going crazy. I'm so tired of all this  
situation.

9) What are the wider consequences of the current immigration detention system, including any financial and/or social implications?

The financial support is very bad. What we can do with 71 pence in day. So many times I need something from the shop but I can't buy because I don't have any. I lose so many things from outside. So many things is not allowed for me from the day I'm in detention.

10) How effective are the current UK alternatives to detention (e.g. bail, reporting requirements)? Are viable alternatives to immigration detention in operation in other countries?

Going in bail or reporting requirements is more better than stay there. The most application on bail the Immigration going to refuse. Doesn't matter you have the right to go out from there.

Please add any further comments below and then send off the form using the envelope provided